

CT Oral Contrast Guidelines

Study	# Bottles Required	Patient Instructions
Abdomen & Pelvis	2	Drink 1 bottle the night before your exam (or 4 hrs prior to study). Drink 2nd bottle 1 hr prior to study. Please save ½ bottle to be drunk just prior to exam.
Pelvis Only	2	Same as “Abdomen & Pelvis.”
Abdomen Only	1	Drink 1 bottle two hours prior to exam time.
Abdomen – Pancreatic or Gastric Tumor	0	n/a
Abdomen – Multi-phase Liver	1	Same as “Abdomen Only.”
BE CT (rule out appendicitis)	0–2	No oral contrast if exam is same day; if exam is scheduled for another day, “Abdomen & Pelvis” prep is preferred.
CT Enterography	—	Patient needs to arrive at our office 1 hour prior to exam for oral contrast.
CT IVP	0	n/a
CTA	0	n/a
ABD&PEL w/Runoff	0	n/a
ABD&PEL “AAA”	0	n/a
ABDOMEN “Adrenal Mass”	0	n/a
ABDOMEN “Y-90”	0	n/a

Whether or not oral contrast is indicated for your CT, please do not eat or drink anything for at least 4 hours prior to your exam.