

### PATIENT INSTRUCTIONS

Below are instructions to follow prior to your procedure. Please call to schedule and pre-register for your appointment. We're also happy to answer any questions you may have.

#### MRI

Patients will be asked to remove all metal from their person, (i.e., earrings, watches, hairpins, barrettes) and credit cards. Lockers are provided. It is helpful if patient's clothing is comfortable (i.e., sweats) and doesn't include metal buttons, snaps, or zippers.

For MRCPs, MRAs of abdomen and renals, or MRIs of the liver, pelvis and abdomen: The patient should not have anything to eat or drink (including water) 4 hours prior to exam.

#### ULTRASOUND

For abdomen, aorta, liver transplant, mesenteric duplex, portal-hepatic duplex, TIPS evaluation, or renal arterial duplex: Do not eat or drink (including water) after midnight the evening before the exam. For renal and pelvic prep: The patient should drink 32 oz. of water 1 hour prior to the exam without voiding.

NO PATIENT PREP is necessary for the following ultrasound procedures: breast, carotid duplex, cranial, testicular, venous duplex, groin duplex, venous reflux evaluation, and vein mapping.

#### CT

##### CT of Pelvis or Abdomen & Pelvis

- Abdomen
- Pelvis
- Multi-phase Liver
- Abdomen: Pancreatic or Gastric Tumor

Please call the IAP location where your appointment is scheduled for CT prep instructions:

- For exams scheduled at South Anchorage, call 222-0200
- For exams scheduled at East Anchorage, call 330-1220
- For exams scheduled at Mat-Su Trunk Rd., call 746-4646
- For exams scheduled at Mat-Su Bogard Rd., call 357-1220

##### BE CT (rule out appendicitis)

No oral contrast if exam is same day. Otherwise, please call us as instructed above.

##### CT Enterography

Patient needs to arrive at our office 1 hour prior to exam for oral contrast.

##### Other CT Procedures

Including:

- CT IVP
- CTA
- ADB&PEL w/Runoff
- ABD&PEL "AAA"
- ABDOMEN "Adrenal Mass"

If no oral contrast is indicated for your particular CT, simply do not eat or drink anything for at least 4 hours prior to your exam.

#### MAMMOGRAPHY

Do not wear deodorant, powder, or lotion.

#### PET

Please see our separate PET patient instructions, available at [www.imagingak.com](http://www.imagingak.com).

#### LOCATIONS

For maps and directions, visit [www.imagingak.com/contact\\_us](http://www.imagingak.com/contact_us).

##### SOUTH ANCHORAGE

On Abbott between Fred Meyer and the Tesoro station.  
2000 Abbott Road, Suite 102 Anchorage, AK 99507  
TEL 907.222.0200  
800.818.9392  
FAX 907.222.0201

##### EAST ANCHORAGE

On Debarr between Turpin and Patterson streets.  
6911 Debarr Road Anchorage, AK 99504  
TEL 907.330.1220  
FAX 907.330.1222

##### MAT-SU TRUNK RD

Just off the Trunk Road exit on S. Woodworth Loop.  
2280 S. Woodworth Loop Palmer, AK 99645  
TEL 907.746.4646  
800.945.9392  
FAX 907.746.4640

##### MAT-SU BOGARD

Just off Bogard Road, east of Wasilla High School.  
1751 E. Gardner Way, Suite B Wasilla, AK 99654  
TEL 907.357.1220  
FAX 907.357.1222