

## PATIENT INSTRUCTIONS

Call us at either office of Imaging Associates to schedule and pre-register for your appointment. Below are instructions to follow prior to your procedure. Feel free to call us with any questions you may have.

**907.222.0200**

**Toll Free: 1.800.818.9392**

### MRI

Patients will be asked to remove all metal from their person, (i.e., earrings, watches, hairpins, barrettes) and credit cards. Lockers are provided. It is helpful if patient's clothing is comfortable (i.e., sweats) and doesn't include metal buttons, snaps, or zippers.

For MRCPs, MRAs of abdomen and renals, or MRIs of the liver, pelvis and abdomen: The patient should not have anything to eat or drink (including water) 4 hours prior to exam.

### ULTRASOUND

For abdomen, aorta, liver transplant, mesenteric duplex, portal-hepatic duplex, TIPS evaluation, or renal arterial duplex: Do not eat or drink (including water) after midnight the evening before the exam.

NO PATIENT PREP is necessary for the following ultrasound procedures: breast, carotid duplex, cranial, testicular, venous duplex, groin duplex, venous reflux evaluation, and vein mapping.

### CT

**For all CT studies: do not eat or drink anything other than the oral CT contrast on the morning of the exam (or at least 4 hours prior).**

#### CT of Pelvis or Abdomen & Pelvis

At bedtime the evening prior to your exam, drink 1 bottle of oral CT contrast. (If your appointment is after 9 a.m., drink the first bottle 4 hours prior to your exam.)

One hour prior to your exam, drink  $\frac{2}{3}$  bottle of oral CT contrast. Please bring the final  $\frac{1}{3}$  bottle with you to your exam and you will be instructed when to drink it.

#### CT of Abdomen Only or Multi-phase Liver

Do not eat or drink anything for at least 4 hours prior to your exam.

2 hours prior to your exam, drink 1 bottle of oral CT contrast.

#### Abdomen: Pancreatic or Gastric Tumor

No oral contrast.

#### BE CT (rule out appendicitis)

No oral contrast if exam is same day. Otherwise, follow "Abdomen & Pelvis" instructions above.

#### CT Enterography

Patient needs to arrive at our office 1 hour prior to exam for oral contrast.

#### Other CT Procedures

Including:

- CT IVP
- CTA
- ADB&PEL w/Runoff
- ABD&PEL "AAA"
- ABDOMEN "Adrenal Mass"
- ABDOMEN "Y-90"

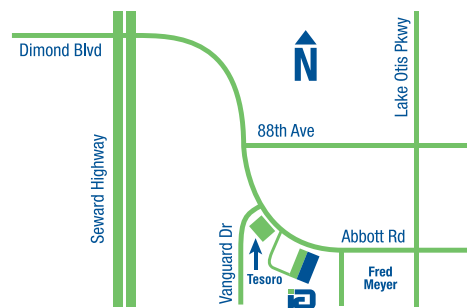
If no oral contrast is indicated for your particular CT, simply do not eat or drink anything for at least 4 hours prior to your exam.

### MAMMOGRAPHY

Do not wear deodorant, powder, or lotion.

### DIRECTIONS TO IMAGING ASSOCIATES

#### South Anchorage Location:

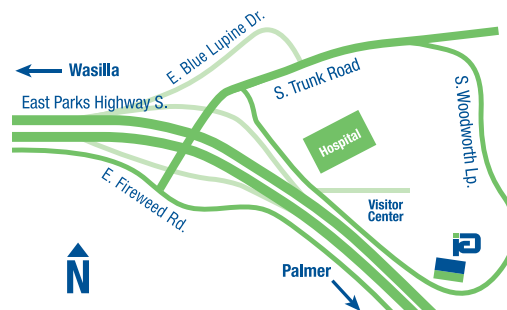


We're in the two-story, green glass "Abbott Medical" building on Abbott between Tesoro and Fred Meyer.

**2000 Abbott Road, Suite 102**

**222.0200 ■ Toll-free: 1.800.818.9392**

#### Mat-Su Valley Location:



We're just off the Trunk Road exit of the Parks Highway on Woodward Loop.

**2280 South Woodward Loop**

**746.4646 ■ Toll-free: 1.800.945.9392**