

PATIENT INSTRUCTIONS

Below are instructions to follow prior to your procedure
Please call to schedule and pre-register for your appointment.
We're also happy to answer any questions you may have.

MRI

Patients will be asked to remove all metallic objects i.e. hearing aids, dentures and body piercings. The technologist will provide appropriate garments to wear for the procedure and all personal belongings can be stored in a lockable cabinet.

MRI PREP (ABDOMEN, MRCP)

NO FOOD OR DRINK FOR 4 HOURS PRIOR TO APPOINTMENT.

WATER IS THE ONLY EXCEPTION.

MRI ENTEROGRAPHY

NO FOOD 4 HOURS PRIOR TO APPOINTMENT.

Please arrive one (1) hour before your appointment time.

The technologist will provide the patient with oral contrast to drink at specific times while the patient is in the lobby. This will be monitored by the technologist.

CT

Your technologist will provide appropriate garments to wear for the procedure and all personal belongings can be stored in a lockable cabinet.

CT W/CONTRAST

PLEASE DRINK PLENTY OF WATER 24 HOURS PRIOR TO YOUR SCAN.

Your study may also require oral contrast which will need to be picked up prior to the appointment.

If you have questions, please contact our office: 222-4624 for Anchorage/Eagle River or 746-4646 for the Valley.

CT ENTEROGRAPHY

NO FOOD 4 HOURS PRIOR TO APPOINTMENT.

Please arrive one (1) hour before your appointment time. The technologist will provide the patient with oral contrast to drink at specific times while the patient is in the lobby. This will be monitored by the technologist.

CTA

(ANGIOGRAM-CHEST, ABDOMEN, ABDOMEN/PELVIS, RUNOFFS)

No food for 4 hours prior to the exam. Water is the only exception and is encouraged to maintain hydration.

PET

Please see supplemental PET Patient Instructions, available at
<https://imagingak.com/patient-exam-prep/>

DEXA BONE DENSITY

NO CALCIUM the day of scan.

ULTRASOUND

For any Ultrasound study - you should wear comfortable, loose-fitting clothing and you may be asked to change into a robe or gown; it is preferable not to wear a dress. Additional exam specific instructions are noted below.

NOTHING BY MOUTH 8 HOURS PRIOR

(to include water) for the following studies:

- ABDOMEN COMPLETE or LIMITED
- LIVER ELASTOGRAPHY
- ABDOMINAL AORTA
- LIVER DOPPLER
- MESENTERIC DOPPLER
- RENAL ARTERY DOPPLER
- RENAL TRANSPLANT

RENAL COMPLETE

Drink 20+ oz. of water 45 minutes prior to appointment.

PLEASE DO NOT VOID.

CAROTID/UPPER & LOWER EXTREMITY ARTERIAL

NO CAFFEINE or other stimulants one (1) hour prior to exam.

LOCATIONS

FOR MAPS & DIRECTIONS VISIT:

imagingak.com/contact-us

ANCHORAGE

AT THE CORNER OF PIPER & PROVIDENCE
3650 PIPER ST. SUITE A, ANCHORAGE, AK 99508
PHONE 907-222-4624 FAX 907-222-4651

PALMER

JUST OFF TRUNK RD. EXIT ON S. WOODWORTH LP.
2280 S. WOODWORTH LOOP, PALMER, AK 99645
PHONE 907-746-4646 FAX 907-746-4640

EAGLE RIVER

ON BUSINESS BLVD. NEXT TO THE ALASKA CLUB
12001 BUSINESS BLVD. SUITE 3A, EAGLE RIVER, AK 99577
PHONE 907-222-4624 FAX 907-222-4651